

**Adriana Vandelinde**  
LANGUAGE SPECIALIST

# Study Methods & Strategies

to Aid Grammar Learning and Vocabulary  
Retention



[www.adriavandelinde.com](http://www.adriavandelinde.com)

# Study Methods & Strategies

## Mnemonics and Memory Techniques

### How it works:

Mnemonics are memory aids that help you remember information more effectively by associating it with vivid imagery, stories, or rhymes.

### Implementation:

Create mnemonic devices (vivid mental images, stories, or patterns) to remember vocabulary words, grammar rules, or pronunciation patterns. For example, associate a new word with a memorable image, create a story that incorporates the word's meaning, or invent a rhyme or mnemonic sentence to recall grammar rules.

### Benefits:

Mnemonics make language learning more memorable and enjoyable, facilitate retention of new information, and aid in recall during conversations or exams.

Landscape of Mountainous Countryside



# Study Methods & Strategies

The Cornell Note-Taking System (for vocabulary and phrases)

## How it works:

This method is adapted for language learning to help you organize vocabulary, phrases, and expressions effectively while facilitating review and retention.

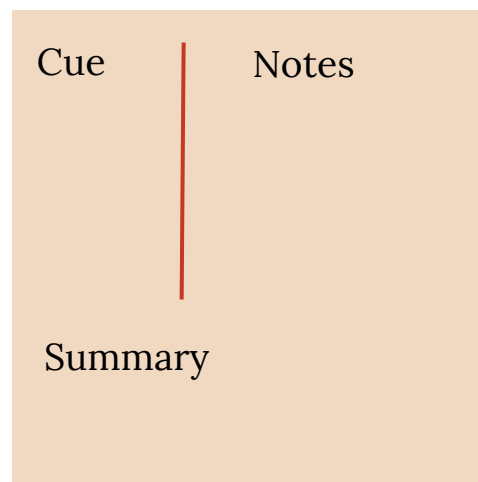
## Implementation:

- Create a notebook or digital document divided into three sections: a cue column, a notes column, and a summary section.
- In the notes column, write down new vocabulary words or phrases you encounter, along with their translations, definitions, or usage examples.
- Use the cue column to write down prompts or cues related to the vocabulary, such as the context in which it was encountered or associations that help you remember it.
- Periodically review the vocabulary by covering the notes column and trying to recall the meanings or translations based on the cues in the cue column.
- Summarize the main vocabulary themes or categories in the summary section to reinforce your learning.

## Benefits:

The Cornell Note-Taking System helps you organize and review vocabulary systematically, promotes active recall, and facilitates spaced repetition, leading to improved retention and language acquisition.

The Cornell Note Taking System



### **English for Proficiency Tests**

Prepare for CELPIP, IELTS, and TOEFL Tests

### **English for Business**

Prepare for Job Interviews and Enhance Your  
Business Writing & Speaking Skills

### **English Talk Podcast**

Tune in to Conversations to Help Navigate Life in  
Canada

### **Books**

Enhance Your Language Skills with 'English for  
Women' and 'CELPIP Success' Books