

# Study Methods & Strategies

The Vandelinde Language Studying System



www.adrianavandelinde.com

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The Vandelinde Language Studying System offers a comprehensive approach through clear and actionable steps to enhancing listening, reading, speaking, and writing skills in a straightforward and effective manner.

#### How it works:

- **Listen:** Engage with a variety of English materials such as articles with audios, songs, interviews, TED talks, podcasts, audiobooks, radio shows, and online videos. This exposure to authentic content helps familiarize you with different accents, aiding in the acquisition of English sounds, stress, and intonation.
- Read Aloud and Compare: Read the same content or transcript aloud, focusing
  on mimicking the sound patterns, stress, and intonation heard during listening.
  Record your reading using your smartphone and compare it to the original. This
  step aims at developing speaking skills by reproducing English sounds accurately.
- Enhance Listening Comprehension: Listen to the content a second time, actively taking notes on important information. Practice answering the 5Ws questions (who, what, where, when, and why) to develop active listening skills for specific information.
- **Meticulously Copy Content:** Transcribe the content word for word with focused attention and zero distractions. This step focuses on improving spelling, punctuation, and grammatical structures, thereby enhancing writing skills.
- **Expand Vocabulary:** Select 3-5 words from the content and look them up in a dictionary. Write down the words, their definitions, and at least one synonym for each. Then, construct sentences utilizing the new vocabulary to improve vocabulary and information retrieval skills.
- **Practice Writing:** Write a summary or an opinion paragraph about the content you've engaged with, incorporating the newly acquired vocabulary into your writing. This step reinforces comprehension and enhances your ability to articulate ideas in written form, thereby developing paragraph writing skills.

Consistently practicing these steps for 2-3 days a week will undoubtedly lead to significant progress in English language proficiency.



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Prepare for CELPIP, IELTS, and TOEFL Tests

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Prepare for Job Interviews and Enhance Your Business Writing & Speaking Skills

#### **English Talk Podcast**

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#### Books

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